

The Naqshbandi-Haqqani Tariqa Presents

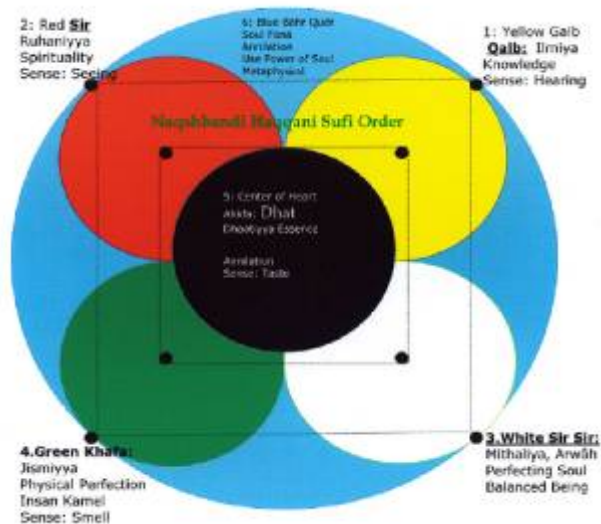
The Sufi Institute



Quranic & Arabic Teachings - Sufi Meditation & Healing – Principles of Sufism

The Naqshbandi-Haqqani Tariqa of America is happy to introduce **the Sufi Institute**, a non-profit, educational institute dedicated to spreading the teachings of Islamic spirituality, mystical healing and Sufi meditation.

THE SPIRITUAL RETREAT PROGRAM:





As Sayyid Shaykh Muhammad Hisham Kabbani.jpg

Under the Direct Guidance of Mawlana Shaykh Muhammad Hisham Kabbani,

The Sufi Institute will launch its first program this summer in Fenton, MI.

The Spiritual Retreat Program, which is suitable for adult mureeds of the Naqshbandi Tariqa of America, is a three-day immersion program specifically designed to help you develop your own personal spiritual path.

The Spiritual Retreat Program consists of a series of classes and workshops taught by a genuine Sufi expert and by our finest Sufi instructors. Students will have the opportunity to learn about the techniques of Sufi healing meditation, the fundamentals of Sufism and of fiqh, the mystical aspect of Sufi music, whirling and spiritual poetry, and the basics of the Quranic recitation. The teaching style is candid and interactive, and all classes are coached in a fun environment.

If you are interested in participating in the Sufi Institute's Spiritual Retreat Program, please fill out the form that is on our web site: www.SufiInstitute.com

www.sufiinstitute.com
Email: staff@sufiinstitute.com
Call: 810-496-0086

Price: \$350
Date: June 29th to July 3rd



The Sufi Institute



Highlights of the Spiritual Retreat Program:

- Comprehensive training program based on the Naqshbandi-Haqqani teachings
- Sufi and healing meditation classes taught by a genuine Sufi expert
- Islamic and Quranic Workshops conducted by Sufi instructors
- Issuance of Certificates at the end of the program
- Exposure to the Sufi culture: spiritual poetry, whirling and *hadrah*
- Mystical chanting sessions with professional Sufi singers
- Low fees

Available Courses:

The Spiritual Retreat Program features two types of courses: **Classical** courses and **Mystical Exploration** courses. Each type of courses is made up of a series of Sufi courses that suit the needs of the students: the Classical courses explore the fundamentals and core principles of Sufism from an Islamic viewpoint; whereas the Mystical Exploration courses delve into the universality and multi-dimensional aspect of Sufism. Please note that all classes may not be available due to popularity.

- **Classical Courses**

- ✚ Muraqabah: Sufi Meditation & Healing Practices
- ✚ Principles of *Tassawuf*
- ✚ Introduction to the Naqshbandi Fajr Awrad & Quranic Recitation
- ✚ Ancient Secrets of Numerology & Arabic Letters
- ✚ Initiation to *Salawat* and Mystical Chants: *Al Burda* and *Dala'il ul-Khayrat*

- **Mystical Exploration Courses:**

- ✚ Muraqabah: Sufi Meditation & Angelic Healing
- ✚ Sufi Secrets of Modern Science in the Last Days
- ✚ Cosmic Energy and Whirling
- ✚ Introduction to Spiritual Poetry
- ✚ Physical Therapy & Sufi Healing Practices

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In The Light of The King of All Saints *TEACHERS:*

- ❖ As-Sayeed Shaykh Nurjan Mirahmadi (Muraqabah, Sufi Secrets of Science)
- ❖ Shaykh Taher (Principles of Tassawuf)
- ❖ Shaykh Sahib and Bro. Isma'eel (Arabic courses and Letters/Numerology)
- ❖ Bro. Ali Syed and Bro. Ahmed (Initiation to Salawat)
- ❖ Bro. Ahmed (Cosmic Energy and Whirling)
- ❖ Bro. Adnan (Physical Therapy and Sufi Healing Practices)
- ❖ Sis. Iman (Introduction to Spiritual Poetry)
- ❖ Sis. Sharifa (Physical Therapy)

AUDIENCE:

The Spiritual Retreat Program specifically targets mureeds of the Naqshbandi-Haqqani Sufi Order of America. We are working on another program that will be open to the general public soon. Children under 18 must be accompanied by their parents. Please no children under the age of 12.

CERTIFICATES:

Upon completion of the Spiritual Retreat Program, students will be handed a Certificate of completion. The certificate, which highlights all the courses offered by the Sufi Institute, may serve as a proof that the student has been exposed to the teachings of Mawlana Shaykh Muhammad Hisham, as taught by the Sufi Institute instructors.

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Course Descriptions

Muraqabah: Sufi Meditation & Angelic Healing Practices



Instructor:

As-Sayeed Shaykh Nurjan Mirahmadi

As-Sayeed Nurjan brings this ancient knowledge and practices of spirituality back to the seekers of New Age in the context of the extreme materialism of today blended with his wonderful sense of humor. His style is to teach without teaching. He is an avid reader and a huge lover of spiritual music.

Course Description:

In this course, As-Sayeed Nurjan will unveil the ancient secrets of Muraqabah according to the teachings of Mawlana Shaykh Muhammad Hisham Kabbani.

Course Objectives:

- Understanding the submission of the mind, body and soul
- Learning the Muraqabah technique of the Naqshbandi-Haqqani Sufi Order
- Understanding the reality of *Iataif*, Angelic healing and Saintly energy
- Understanding the 5 levels of the Heart

Principles of Sufism



Instructor: Shaykh Taher Mateen Siddiqui

Course Description:

An introduction to *Tassawuf* and its core principles. Students will have the opportunity to learn more about the science of Sufism and the Sufi Way of the Naqshbandi-Haqqani School of thoughts. This course will be based on the book *Classical Islam & The Naqshbandi Sufi Tradition* by Shaykh Muhammad Hisham Kabbani.

Course Objectives

- TBA
- TBA
- TBA

Ancient Secrets of Numerology and Arabic Letters



Instructor: Brother Ismaeel Dhul-Qarnyan

Course Description:

An introduction to the secrets of numbers and Arabic letters as taught by the Masters of the Naqshbandi-Haqqani Sufi Order. The course material is based on the Sufi articles that are featured on NurMuhammad.com

Course Objectives:

- Learning how to read the Abjad table
 - Understand the spiritual meaning of the Arabic letters (*Qaf, Dal, Ra*, etc)
 - Understanding the relationship between the Arabic letters and the Divine Ocean of Power
-

Introduction to the Naqshbandi Fajr Awrad & Quranic Recitation



Instructor: Imam Sahib Mahamoudou

Course Description:

This course introduces the students to the beautiful *Fajr Awrad* of the Naqshbandi-Haqqani Sufi School. Students will learn how to perform the *Awrad* as well as how to correctly perform *zikr*, and how to read and use the most important book of the Naqshbandi-Haqqani Sufi School: the Naqshbandi Guidebook.

The second part of the course gives students the opportunity to improve their Quranic recitation skills by listening to an Arab teacher and learning the most important *Surahs* of the Naqshbandi-Haqqani Sufi School.

Course Objectives:

- Learning how to perform the Naqshbandi *Fajr Awrad*
- Learning how to perform the Naqshbandi Zikr (*Khatm'ul Khwajagan*)
- Learning how to read and use the Naqshbandi Guidebook
- Improving Quranic recitation skills

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Sufi Secrets of Modern Science in the Last Days



Instructor: As-Sayeed Shaykh Nurjan Mirahmadi and TBA

Course Description:

This course delves into the secrets of modern science and explores the reality of quantum physics and its relationship to the arrival of Imam Mahdi {as}. Topics covered include: Nanotechnology and the reality of jinns, binary numbers, Quantum sciences and the

Deception Magic of the Anti-Christ.

Course Objectives:

- Understanding the miracle of Quantum reality
 - Preparing the Soul for the arrival of Imam Mahdi
 - Protecting the Soul from the Magic of the Anti-Christ
-

Cosmic Energy and Whirling



Instructors: Brother Ahmed Krambo with an introduction by As-Sayeed Shaykh Nurjan Mirahmadi

Course Description:

An introduction to the techniques of Sufi Whirling and to the secret of cosmic energy as it relates to the spirituality of the Naqshbandi Sufi School. Students will learn the importance of whirling from a cosmic and spiritual viewpoint. The course provides an exposure

to the art of Sufi martial arts as well.

Course Objectives:

- Understanding the connection between whirling and energy
- Understand the secret of the full Moon the Earth and the orbiting of the Sun
- Learning whirling techniques: speed, hand coordination and heart focus

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Introduction to Spiritual Poetry: Love for the Divine



Instructor: Sister Iman Hoffman

Course Description:

This class introduces spiritual poetry from a Sufi perspective. Students will have the opportunity to read Sufi poems from some of the most famous Sufi poets. They will also explore the symbolism of Islamic calligraphy in poetry and will understand the meaning of Sufi symbols: love, attraction, wine and intoxication and seasons. The instructor will provide the class with a series of interpretations of popular Sufi poems based on the Naqshbandi-Haqqani teachings.

Course Objectives:

- Understanding the notions of spiritual union, intoxication, and separation
- Understanding Sufi Calligraphy and its relation to Sufi poetry

Mystical Initiation to Salawat and Mystical Chants: Al Burda and DAla'il ul-Khayrat



Instructor: Brothers Ali Elsayed and Ahmed Krambo

Course Description:

An introduction to the Sufi techniques of mystical chanting and to the importance and secrets of *salawat* according to the Naqshbandi-Haqqani Sufi School. Students will have the opportunity to learn and sing excerpts from the classical poems *Al Burda* and *Dala'il ul-Khayrat*. The course provides a

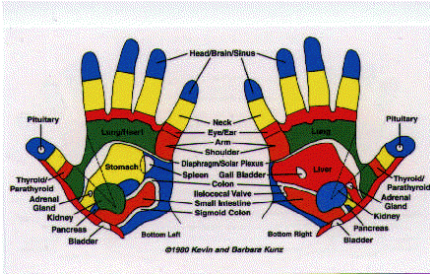
strong exposure to the ancient concept of *hadrah*. At the end of the course, students will be provided with audio recordings of their musical sessions.

Course Objectives:

- Learning the importance of the *Dala'il ul-Khayrat* and the *Burda*
- Improving recitation of *Salawat* and *qasidas*
- Discovering the concept of *hadrah*

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Physical Therapy and Sufi Healing Practices



Instructors: Brother Adnan Syed and Sister Sharifa Sweet

Course Description:

This course focuses on healing practices and effect of breathing and meditation according to the Naqshbandi-Haqqani School of thoughts. The course will also explore the ancient technique of Thai massage as it relates to Sufi healing practices. The class is divided into two parts: theory and practice. Course topics include: breathing exercises with “Allah” and “Hu”, stretching and hand massages. Please note that you will receive a special Certificate for this course.

Course Objectives:

- Learning how to breath consciously
- Hands-on training: Brother Adnan will show hands-on to the men and Sister Sharifa will show the ladies
- Understanding the importance and the notion of breathing as related to healing
- Learning how to use body massage as a healing technique

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More Information:

The Sufi Institute's Spiritual Retreat Program will give you a unique mind, body and spirit experience. Join us this summer as we celebrate the beauty of Sufism in an unparalleled way.

COST:

The cost of attending the program is \$350 per person *
All the courses as well as food are included in the cost of the program.
Installment plans are available to those who qualify.

SCHEDULE:

The program will take place June 29th to July 3rd 2006
Classes will take place starting Friday morning and end Sunday afternoon
After classes on Sunday there will be a group presentation in which everyone will actively practice what they have learned.
Please reserve your seat by registering early.

Required Material:

The *Naqshbandi Guidebook* and *Classical Islam* are the only book required for these courses. You will need a notebook to take note as well as a recording device, such as a tape player, or video to record sessions from the all classes especially the mystical chanting and Quranic Recitation classes.
Khuffs are strongly recommended for the Energy & Whirling class.

If you wish to participate, please fill out the form on our website,
Or simply call or email us,

CALL NOW
810-496-0086

We look forward to hearing from you!

Please visit us online at:
www.sufiinstitute.com

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* We will offer sliding scale for those who cannot afford the price. Please note that the price does not include room and board. Participants are responsible to make their own accommodations. However, if you would like to stay at the ISCA center, simply email us.